

# WELLNESS PREMIUM CREDIT



EACS Employees enrolled in a medical plan can save on their medical premium contributions by participating in the 2026 Wellness Rewards Program. Participants who fulfill the 2026 Wellness requirements by the deadline of **December 31<sup>st</sup>, 2026**, will receive a \$200 Wellness Premium Credit in 2026. Your results are protected by Federal Law and will remain **confidential**. The District will only be notified of your participation if you have completed all required actions within the program. Failure to participate does not render you ineligible for medical plan coverage. If you have questions, please contact [Parkviewworkplacewellness@parkview.com](mailto:Parkviewworkplacewellness@parkview.com).

## Wellness Rewards Timeframe: January 1, 2026 – December 31<sup>st</sup>, 2026

### **Participant Eligibility:**

Who can participate in 2026? An employee enrolled in a medical plan offered by East Allen County Schools. Each of the four (4) steps must be completed to earn the Wellness Premium Credit.

### **Participant Required Actions:**

#### **Step 1: TO BE COMPLETED BY NOVEMBER 1<sup>ST</sup>, 2026!**

Complete a wellness screening which includes total cholesterol, LDL cholesterol, HDL cholesterol, fasting glucose, triglycerides, height, weight, waist circumference and blood pressure. Participate in an EACS On-site Wellness Screening **OR** download a *Healthcare Provider Verification Form* for completion by your healthcare provider and submit to [Parkviewworkplacewellness@parkview.com](mailto:Parkviewworkplacewellness@parkview.com)

#### **Step 2: TO BE COMPLETED BY NOVEMBER 1<sup>ST</sup>, 2026**

Submit a *Non-Tobacco User Affidavit* or complete an approved tobacco cessation course. Complete one (1) of the following options below:

- If you are a non-tobacco user, submit a *Non-Tobacco User Affidavit* to Tori Bontrager;
- Complete the seven-week EACS On-site Freedom from Smoking Course; **OR**
- Complete the Indiana Tobacco telephone-based session program

#### **Step 3:**

Complete an Online Health Assessment by December 31<sup>st</sup>, 2026. Your Online Health Assessment will be sent to you via email after participating in an EACS On-site Wellness Screening or after submitting your *Healthcare Provider Verification Screening Form*.

#### **Step 4:**

Earn **8 Activity Points** by December 31<sup>st</sup>, 2026. *Activity Points* are designed to reward and encourage your involvement in enhancing your healthy lifestyle! Of the several opportunities listed, choose the opportunities that work for you.